

We are pleased to introduce our practitioners & areas of special interest:

**Dr Nicole Williams, Clinical Psychologist, Director**

- ✓ Perinatal mental health
  - antenatal, pregnancy, postnatal anxiety and depression
  - particularly birth fears & traumatic birth experiences
- ✓ Parenting strategies
- ✓ Early childhood psychological therapy
  - anxiety, behaviour, tantrums, separation issues etc.
- ✓ Paediatric sleep 6mths + (gentle, responsive, evidence-based approach)

**Dr Brooke Ferguson, Clinical Psychologist, Director**

- ✓ Adult mental health
  - anxiety, depression, stress, grief, Return to Work SA etc.
- ✓ Particular interest in transgender & sexuality issues
- ✓ Perinatal mental health
  - antenatal/ postnatal anxiety and depression
  - particularly unexpected pregnancy outcomes
- ✓ Parenting strategies
- ✓ Children's psychological therapy
  - poor mood, anxiety, bullying, social skills, grief, adjustment to separation etc.

**Dr Katherine Reynolds, Clinical Psychologist**

- ✓ Adult mental health
  - anxiety, depression, stress, grief, Return to Work SA etc.
- ✓ Perinatal mental health
  - antenatal/ postnatal anxiety and depression
  - particularly traumatic birth & perinatal loss

**Ms Chrisi Lambos, Clinical Psychologist**

- ✓ **Adult mental health**
  - anxiety, depression, stress, grief, relationships, Return to Work SA etc.
- ✓ **Perinatal mental health**
  - pregnancy planning, antenatal/ postnatal anxiety and depression
  - particularly infertility, including endometriosis
- ✓ **Couples counselling**
- ✓ **Children's psychological therapy**
  - poor mood, anxiety, bullying, grief, social skills, adjustment to separation etc.

**Ms Sally Baron, Psychologist**

- ✓ Children's psychological/ educational assessments 4-18 years
  - giftedness, cognitive disability, learning difficulties (incl. dyslexia), etc. (\*not autism)
- ✓ Children's psychological therapy
  - poor mood, anxiety, bullying, grief, social skills, adjustment to separation etc.

**Online booking available via our website: [www.paediatricperinatal.com.au](http://www.paediatricperinatal.com.au)**